

Mental wellbeing: primary

<https://www.gov.uk/government/publications/covid-19-guidance-on-supporting-children-and-young-peoples-mental-health-and-wellbeing/guidance-for-parents-and-carers-on-supporting-children-and-young-peoples-mental-health-and-wellbeing-during-the-coronavirus-covid-19-outbreak>

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/876989/Easy_read_looking_after_your_feelings_and_body.pdf

Anna Freud National Centre for Children and Families

Website: <https://www.annafreud.org/what-we-do/anna-freud-learning-network/coronavirus/>

Key stages: early years foundation stage to key stage 2

Description: wellbeing advice for all those supporting children and young people.

Registration: not required

British Psychological Society (BPS)

Website: <https://www.bps.org.uk/news-and-policy/bps-offers-advice-schools-parents-and-carers-help-children-through-uncertainty>

Key stages: early years foundation stage to key stage 2

Description: advice on dealing with school closures and talking to children about COVID-19.

Registration: not required

Children's Commissioner

Website: <https://www.childrenscommissioner.gov.uk/publication/childrens-guide-to-coronavirus/>

Key stages: early years foundation stage to key stage 2

Description: a downloadable guide for children about coronavirus.

Registration: not required

MindEd

Website: <https://www.minded.org.uk/>

Key stages: early years foundation stage to key stage 2

Description: an educational resource for all adults on children and young people's mental health.

Registration: not required, but registration increases functionality

The Child Bereavement Network

Website: <http://www.childhoodbereavementnetwork.org.uk/covid-19.aspx>

Key stages: early year's foundation stage to key stage 2

Description: advice on supporting grieving children during the coronavirus outbreak.

Registration: not required

